

Julie Jansen

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author of

**I Don't
Know What
I Want, But
I Know It's
Not This**

and

**You Want Me
to Work With
Who?**

- **Speaker**
- **Trainer**
- **Author**
- **Executive,
Business &
Career Coach**
- **Meeting
Facilitator**
- **Business
Consultant**



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YOU WANT ME TO WORK WITH WHO?

Eleven Keys to a Stress-Free, Satisfying, and Successful
Work Life... No Matter Who You Work With

By Julie Jansen

“Julie Jansen gives us the **tools and insight into how to understand and handle these problem people**. Instead of going home everyday thinking about the difficult people at the office, learn how to end the day with a quiet smile. **Great practical advice** about how to get on top of one of the biggest work issues you never thought you could conquer.”

—Gail Evans, Former Executive Vice President of CNN
and bestselling author of *Play Like a Man, Win Like a Woman*

“It’s time for good people to take back the workplace! With a full deck of exercises and practical tips, Julie Jansen’s Eleven Keys will help you work productively with even the most immature, annoying or just plain evil colleagues. **Follow Julie’s insights** and you’ll be **more successful, less stressed, and happier** on the job!”

—Doug Hardy, General Manager of Monster Careers and co-author (with
Monster founder Jeff Taylor) of *Monster Careers: How to Land the Job of
Your Life*

Is your new boss what you might call an *abusive* person? Is your new colleague a *toxic* employee? Is your new assistant a little *difficult*? Let’s face it: we’ve all worked with an *unpleasant* co-worker. In Julie Jansen’s new book, **YOU WANT ME TO WORK WITH WHO?** (A Penguin Original/ **March, 2006**), the bestselling author of *I Don’t Know What I Want, But I Know It’s Not This*, offers real-life advice on how to work effectively with even the most stubborn, incompetent, lazy, indecisive, irritating, lewd, and repugnant co-workers—whether they’re your boss, colleague, or underling.

The secret is in the Eleven Keys...

There are eleven main character traits that inform our day-to-day workplace behavior. Often, difficult people can lack or have an over-abundance of some of these key traits, which makes them act out in ways that almost always have a negative reverberating effect on their own work and those who work with them. In her amazing new book, Jansen teaches readers how to recognize the root causes of problem behavior, effectively

confront problem co-workers, and find real solutions to dealing with them in the future so they can meet their own goals without anyone standing in the way.

With hands-on self-assessment exercises, truly viable solutions for even the most awkward situations, as well as tips for effective communication with everyone—whether they are above you or below you on the corporate totem pole, this concise, comprehensive guide includes invaluable lessons on how to build and strengthen your own resilience to negative behavior so you can have a happy, productive work-life *no matter who* you work with.

ABOUT THE AUTHOR

Julie Jansen is a career coach, consultant, and author. Jansen has been featured in publications such as *Psychology Today*, *Fortune*, *Cosmopolitan*, *Woman's Day*, *Essence*, *The New York Times* and *Career Builder* and on radio and TV shows such as The Faith Middleton Show, The Today Show and Tucker Carlson's The Situation/MSNBC. Jansen is a frequent speaker at associations, corporations, and non-profit groups throughout the United States. She currently lives in Greenwich, Connecticut. Visit Julie Jansen's website at www.juliejansen.net.

YOU WANT ME TO WORK WITH WHO?

Julie Jansen
Penguin Original
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To schedule an interview with Julie Jansen, contact Carolyn Berg at carolyn@cyberofficesolutions.net

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I DON'T KNOW WHAT I WANT, BUT I KNOW IT'S NOT THIS

A Step-by-Step Guide to Finding Gratifying Work

By Julie Jansen

“A must-read for anyone who is feeling dissatisfied, unfulfilled or unhappy with their current work situation.” — **Paul Tieger, author of *Do What You Are***

“Most people are unhappy with their current work situation,” says acclaimed career coach Julie Jansen. “Yet when it comes to actually making the changes they want and need, they don’t have a clue.” This “unhappy with work” syndrome is pervasive and not exclusive to a specific age group or level of experience, Jansen notes. And the numbers back her up. Studies show that 75% of Americans are dissatisfied with what they do for a living. Despite this alarming trend, it seems these days that most people will devote more time and energy toward buying a house or planning a wedding than toward finding fulfilling work. Part of the reason is that they don’t know how or where to begin. Jansen provides the perfect jumpstart in her book, **I DON'T KNOW WHAT I WANT, BUT I KNOW IT'S NOT THIS: *A Step-By-Step Guide to Finding Gratifying Work*** (Penguin paperback original/ 2003) an invigorating and empowering primer for anyone, at any age, who wants to find meaningful, satisfying work. **To date, 60,000 copies have been sold.**

In **I DON'T KNOW WHAT I WANT, BUT I KNOW IT'S NOT THIS**, Jansen shows readers, step by step, how to discover who they are, what they are missing or need in their work, and how to identify work that will give them these things. She provides pragmatic, tactical, and focused tools for shifting, changing or transforming a stalled career or lackluster job. First, she identifies six situations typical of those seeking satisfying work:

- Bored and Plateaued
- Been There Done That, But Still Need to Earn
- Bruised and Gun-shy
- Searching for Meaning
- Yearning to Be On Your Own
- One Toe In the Retirement Pool

Then, Jansen puts readers on the path to career and job satisfaction through self-knowledge. For example, she offers a series of career assessment quizzes that help readers learn how to recognize and understand their present work or career situation with objectivity. She provides evaluation exercises to help readers uncover the type of work for which they are best suited. She also includes her “top 10 Keys to success” to help discouraged job seekers and tentative career changers envision a new future, and outlines the necessary steps for moving on to a more fulfilling and desirable work life.

In researching this book, Julie Jansen interviewed 120 people of various ages and professions. Their personal, real-world anecdotes will help readers relate to others who have gone on—with Julie’s guidance—to find work they love. The book’s annotated resource section is filled with cutting-edge books and websites that correspond to each chapter. Chock full of useful information and practical advice, **I DON’T KNOW WHAT I WANT, BUT I KNOW IT’S NOT THIS** is essential reading for workers of all ages, everywhere. Julie Jansen’s savvy, no-nonsense approach can help readers position themselves for the job or career that will bring them the satisfaction they crave.

ABOUT THE AUTHOR

Julie Jansen is a career coach, speaker, consultant, and author. Jansen has been featured in publications such as *Psychology Today*, *Fortune*, *Cosmopolitan*, *Woman’s Day*, *Essence*, *The New York Times* and *Career Builder* and on radio and TV shows such as *The Faith Middleton Show*, *The Today Show* and *Tucker Carlson’s The Situation/MSNBC*. Jansen is a frequent speaker at associations, corporations, and non-profit groups throughout the United States. Visit Julie Jansen’s website at www.juliejansen.net.

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By Julie Jansen

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