

Contact: Carolyn Berg
248-324-0802

YOU WANT ME TO WORK WITH WHO?

Eleven Keys to a Stress-Free, Satisfying, and Successful
Work Life... No Matter Who You Work With

By Julie Jansen

“Julie Jansen gives us the **tools and insight into how to understand and handle these problem people**. Instead of going home everyday thinking about the difficult people at the office, learn how to end the day with a quiet smile. **Great practical advice** about how to get on top of one of the biggest work issues you never thought you could conquer.”

—Gail Evans, Former Executive Vice President of CNN
and bestselling author of *Play Like a Man, Win Like a Woman*

“It’s time for good people to take back the workplace! With a full deck of exercises and practical tips, Julie Jansen’s Eleven Keys will help you work productively with even the most immature, annoying or just plain evil colleagues. **Follow Julie’s insights** and you’ll be **more successful, less stressed, and happier** on the job!”

—Doug Hardy, General Manager of Monster Careers and co-author (with
Monster founder Jeff Taylor) of *Monster Careers: How to Land the Job of
Your Life*

Is your new boss what you might call an *abusive* person? Is your new colleague a *toxic* employee? Is your new assistant a little *difficult*? Let’s face it: we’ve all worked with an *unpleasant* co-worker. In Julie Jansen’s new book, **YOU WANT ME TO WORK WITH WHO?** (A Penguin Original/ **March, 2006**), the bestselling author of *I Don’t Know What I Want, But I Know It’s Not This*, offers real-life advice on how to work effectively with even the most stubborn, incompetent, lazy, indecisive, irritating, lewd, and repugnant co-workers—whether they’re your boss, colleague, or underling.

The secret is in the Eleven Keys...

There are eleven main character traits that inform our day-to-day workplace behavior.

Often, difficult people can lack or have an over-abundance of some of these key traits, which makes them act out in ways that almost always have a negative reverberating effect on their own work and those who work with them. In her amazing new book,

Jansen teaches readers how to recognize the root causes of problem behavior, effectively

confront problem co-workers, and find real solutions to dealing with them in the future so they can meet their own goals without anyone standing in the way.

With hands-on self-assessment exercises, truly viable solutions for even the most awkward situations, as well as tips for effective communication with everyone—whether they are above you or below you on the corporate totem pole, this concise, comprehensive guide includes invaluable lessons on how to build and strengthen your own resilience to negative behavior so you can have a happy, productive work-life *no matter who* you work with.

ABOUT THE AUTHOR

Julie Jansen is a career coach, consultant, and author. Jansen has been featured in publications such as *Psychology Today*, *Fortune*, *Cosmopolitan*, *Woman's Day*, *Essence*, *The New York Times* and *Career Builder* and on radio and TV shows such as The Faith Middleton Show, The Today Show and Tucker Carlson's The Situation/MSNBC. Jansen is a frequent speaker at associations, corporations, and non-profit groups throughout the United States. She currently lives in Greenwich, Connecticut. Visit Julie Jansen's website at www.juliejansen.net.

YOU WANT ME TO WORK WITH WHO?

Julie Jansen
Penguin Original
March, 2006
ISBN: 0143036807

To schedule an interview with Julie Jansen, contact Carolyn Berg at carolyn@cyberofficesolutions.net